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Mead Public Schools

115 North Elm Street
Mead, NE 68041-0158
Preparing For The Future. . .



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POSITIVE COVID 19 SCHOOL EXPOSURE GUIDELINES

The following are the guidelines you are asked to follow if you have been notified that your student has been exposed to a positive COVID-19 case at school.

At this time, there is **no** requirement that your student isolate or quarantine. The social distance and mask protocols in place at Mead Public Schools help reduce the risk that this type of exposure will spread the virus among students and staff during the school day.

Your student **is** required to *self-monitor* for the next 14 days. Individuals who are self-monitoring should pay close attention to any symptoms associated with COVID-19 which include:

chills, rigors, myalgia, headache, sore throat, nausea/vomiting, diarrhea, fatigue, congestion, runny nose, new cough, shortness of breath, difficulty breathing, new loss of taste/smell.

Any student who exhibits COVID-19 symptoms should report those symptoms to the school and self-isolate for 10 days according to current procedures. Self-monitoring also includes wearing a mask while in the building and screening for a fever twice per day, which happens at school for all students.

Please reinforce with your student the importance of reporting symptoms, physical distancing, and masking as ways to prevent isolation and quarantine of students.

If you have questions regarding this situation, please contact the office.

Sincerely,

PJ Quinn, Superintendent
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