

Mead Public Schools

October 2009 Menu

CEREAL, MILK AND FRUIT JUICE OR FRUIT ARE SERVED EVERY DAY FOR BREAKFAST ALONG WITH THE LISTED ITEM

A FULL SALAD BAR IS OFFERED EACH DAY AS AN ALTERNATIVE TO THE HOT LUNCH FOR GRADES 4-12. MILK IS SERVED EACH DAY FOR LUNCH.

	Mon	Tue	Wed	Thu	Fri
BREAKFAST →				1 Blueberry Pancake Stick	2 Breakfast Burrito
LUNCH →				Hamburger French Fries Fruit Cocktail Brownie	Oven Baked Chicken Mashed Potatoes/gravy Corn Apple Turnover
BREAKFAST →	5 Honey Bun	6 Pancakes & Sausage	7 Cinnamon Roll	8 Breakfast Bar	9 Donuts
LUNCH →	Pepperoni Pizza Lettuce Salad Pears Chocolate Chip Cookie	Ham Pattie Sandwich Carrots Applesauce Sugar Cookie	Chili Grilled Cheese Carrots/Celery Apple	Macaroni & Cheese Green Beans Watermelon Cinnamon Roll	Mini Corn Dogs Baked Beans Potato Wedge Peaches
BREAKFAST →	12 Breakfast Pizza	13 CoCo Bar	14 Biscuits/sausage gravy	15 Donuts	16 Grilled Cheese
LUNCH →	Fiestadas Lettuce Salad Pears Sugar Cookie	Chicken Pattie Sandwich Tater Tots Pineapple Chocolate Chip Cookie	Hot Ham & Cheese Peas Mandarin Oranges Oatmeal Cookie	Hot Dogs French Fries Peaches Rice Krispie Treat	Creamed Turkey over Mashed Potatoes Corn Jello/Biscuit
BREAKFAST →	19 Apple Turnover	20 Pancake Sticks	21 Egg Wrap	22 Bagel	23 NO SCHOOL
LUNCH →	Cheese Pizza Peas Fruit Cocktail Chocolate Chip Cookie	Breaded Beef Sandwich Peas Mandarin Oranges Sugar Cookie	Spaghetti Green Beans Pears Garlic Toast	Stromboli Potato Stick Watermelon Chocolate Cake	
BREAKFAST →	26 Donut	27 Waffles & Egg	28 NO SCHOOL	29 Breakfast Pizza	30 Skin of Toad
LUNCH →	Hamburger French Fries Pears Graham Crackers	Quesadillas Corn Apple Turnover Bread Stick		Ham & Cheese Roll up Hash brown Peaches Chocolate Chip Cookie	Monster Claws Ghostly Slime & Ghoul Spider Eggs Blood of Toad/Tombstones Witches Brew